

## **Marriage & Family Classes**

We have been studying some great material with our mentor groups. Now that we've taught it to them, they would like to teach YOU!

DVD-based classes such as "I Love You More" and "The Time Starved Marriage" by Drs. Les & Leslie Parrott will be offered throughout the year and will be led by our marriage mentors. The classes are always fun & informal. Let us know if you are interested in attending a class. We will connect you with a group near you! It's a great way to meet new people and strengthen your marriage at the same time!

We can also connect you with a financial management class. Statistics show that finances tend to be a major cause of marital stress. Taught by a Certified Financial Planner, this class will help you and your spouse learn how to get your finances in order using a 3-step process: communication, planning, and implementation. This 6 week class will be repeated several times in several locations throughout the year.

The best part is, these classes are all offered for FREE! Our group leaders are dedicated to helping you boost your marriage to the next level!

Give us a call or visit our website for all class details.

## **Donations**

Marriage Boost strives to make our annual events as inexpensive as possible. For this reason, Marriage Boost always charges LESS than the actual cost for couples to attend. All speaker fees, decorations, door prizes, room gifts, snacks, paper products, mailing costs, equipments costs, teaching materials, etc. are paid for by Marriage Boost. As you can imagine, these expenses are significant and as our company expands, our expenses continue to increase. Because we are a registered non-profit company, we are able to take donations. If you would like to make a donation, we would be happy to send you a receipt to use for your tax deductions.

## **Sponsorships**

Marriage Boost strives to offer sponsorships for any of our services to those who cannot afford them. If you know of a couple who needs sponsoring, or if you would like to sponsor a couple, please let us know. We don't want anyone to miss out because of finances.



# **MARRIAGE BOOST**

**BOOSTING YOUR MARRIAGE  
TO THE NEXT LEVEL...**

A non-profit organization owned & operated by

**Wayne & Deanna Johnson**

Prepare-Enrich Certified

38358 Kelmar

Clinton Township, MI 48036

586-468-4969

marriageboost@gmail.com

[www.marriageboost.com](http://www.marriageboost.com)

## **What is Marriage Boost?**

Marriage Boost is a company dedicated to "boosting" marriages to the next level. Whether you are struggling in your marriage, just recently wed, or you've been together forever and are doing great, Marriage Boost has something to offer you! Marriage Boost was founded by Wayne & Deanna Johnson in 1997 and became a non-profit company in 2001.

## **Annual Retreats & Conferences**

Each Spring we offer a retreat for married couples. Our retreats are relaxed and FUN offering lots of free time and a fun banquet. We also give away lots of door prizes and extra goodies. For the past few years we have enjoyed having themed banquets. Our guests have had great fun dressing up for our '50s theme, '70s theme, etc. We of course bring in a special speaker who can offer insight in "boosting" our marriages. Whether you've been married less than a year or more than 40 years, you are sure to enjoy the Marriage Boost retreat! We hold our retreats at Mackinac Island, Michigan; Shipshewana, Indiana and other fun locations. We also occasionally offer a local Fall conference.

## **Classes at your local church**

Let us teach a 3-10 week marriage & family class at your church. We have lots of great material including Gungor's "Laugh Your Way to a Better Marriage", Eggerich's "Love & Respect", Dobson's "Bringing up Boys", etc. It's a great way to refresh your Wednesday night offerings!

# **SERVICES OFFERED**

## **Marriage Mentoring**

We all know that the marriage relationship is very complex. The statistics on marriage are grim. 40-50% of all couples risk divorce in their lifetime. Of those who divorce, 40% do so within the first four years of marriage. 49% of all couples report serious difficulties in their first year of marriage.\* Unfortunately, many couples begin marriage unequipped to handle the challenges that will surely come along. Why then do we expect married couples to figure it out on their own? Marriage mentoring is the perfect solution to this growing problem. Let us connect you with a trained marriage mentor couple, a couple who has been through many issues and can help guide you through the difficulties in your marriage. This is not a couple who will judge you or give you advice, but rather a couple who will listen to your concerns, encourage you and support you in your journey of marriage. All of us can benefit from having people in our lives who care about our marriages.

## **Marriage Mentor Training**

Afraid to be marriage mentor? Don't be! You don't have to have a perfect marriage to be marriage mentor. First and foremost, you need to be a good listener and an encourager. Remember that couples often feel they are completely alone in their struggles. Helping them realize that many couples have been through the same struggles and survived, is an important part of the mentoring process. Besides supporting other couples, many mentor couples also find that their own marriages are strengthened in the process. We offer an 8-10 session mentor training course using material from Drs. Les & Leslie Parrot. We then can connect you with a couple in need of a mentor.

## **Prepare-Enrich Inventories**

The PREPARE/ENRICH program is based on a set of five inventories that examine major relationship issues a couple may experience. The prepare-Enrich inventories are widely used by many licensed counselors. We have found them to be an invaluable tool in helping determine relationship strengths and growth opportunities and highly recommend them to all couples considering marriage, couples having difficulties, and couples who are just interested in boosting their marriage to the next level.

## **Pre-marital Guidance**

We offer one-on-one guidance with couples who wish to get married. We do ask each couple to complete the prepare Inventory so that we can more accurately discuss with you your relationship strengths and growth opportunities. We also highly recommend that you allow us to connect you with a marriage mentor couple who can help you through the challenges of your first year together. You may even find yourselves in a lifelong friendship with your mentor couple!

